

Dear Benedictine Military School Parents,

On **Wednesday, April 13, 2011**, physicians, physician assistants, and certified athletic trainers from the sports medicine department at St. Joseph's/Candler Health System, The Southeastern Orthopedic Center, and other facilities will be on campus to conduct Pre-Participation Evaluations (PPE's) for the upcoming school year (**11-12**). The PPE's will begin promptly at **5:15pm** in the gym lobby. The cost is **\$10.00** with the proceeds benefiting the athletic training department. All paper work must be filled out and brought to the physical on April 13th (School Travel Form, Physical Evaluation Form, and Physical Consent Form). Please understand we will do approximately 130 physicals in less than two hours. There may be a small wait involved.

The Georgia High School Association (GHSA) requires that each student athlete pass a basic PPE on an annual basis in order to participate in GHSA sanctioned athletics. Further, that PPE must remain current and be on file at the student's school as a requirement for eligibility. This physical will be current for the entire 2011-2012 school year. **Benedictine Military School requires a physical for all students to enroll each school year.**

The PPE that will be conducted on the date above does meet the minimum requirements set forth by GHSA. However, it is important to note that Benedictine nor St. Joseph's/Candler recommend that this PPE act as a substitute for the comprehensive physical that a student family physician can conduct in his or her office. Rather, this PPE is a screening that meets the basic requirements of GHSA as mentioned above. The sports medicine department at St. Joseph's/Candler recommends that every student have an annual physical conducted by his or her family physician regardless of whether or not that student participates in athletics or has a PPE at school.

Please visit http://www.bcsav.net/benedictine/health_and_athletic_training/ for all of the physical forms. Please download, print, and fill out the ***physical consent forms, physical evaluation forms, and school travel forms in full***. Bring these forms filled out by parents and signed to the physicals on April 28th. This is the only date that PPE's will be conducted on campus for the upcoming school year. It is not required that any student participates in this program. However, in an effort to avoid any delays in eligibility or enrollment, it is recommended. All physicals will be on file in the front office for school and athletic use. Should you have any questions about this process please do not hesitate to contact me in the health office (**912-644-7000**).

Sincerely,



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