

**Head Coach
Bob Williams**

Coach Williams has been a Head Varsity Basketball Coach at the high school level for the last 27 years. His teams have a 463-299 record during this time for a winning percentage of 61%. His teams have won 9 Regional titles, 3 sectional titles, 3 super-sectional titles and 8 conference titles during his tenure. In 1999, his team placed fourth in the state of Illinois while in 2001, they won the IHSA State Basketball championship for the first time in school history. His 2006 team became the third team in school history to earn a trip to the elite eight. In 2001, Coach Williams was named as the Illinois Basketball Coaches Association 'Coach of the Year' and the National High School Coaches Association 'National Basketball Coach of the Year'. He was inducted into the IBCA Hall of Fame in 2014. He and his staff have a wealth of experience to share with the campers while acclimating the campers to the Benedictine Military School Basketball Program.



BENEDICTINE
— 1902 —
MILITARY SCHOOL
BASKETBALL

Coaching Staff

Bob Williams
Head Coach

Cyrus Hunter
Assistant Coach

Frank Williams
Assistant Coach

Jack Holland
Freshman Coach

Peter Newman
Freshman Coach

**Middle School
Basketball Coaches Clinic**

Benedictine

Middle School

Basketball

Coaches

Clinic



**BENEDICTINE
MILITARY SCHOOL
CADETS**

Benedictine Military School Basketball Coaches Clinic

Welcome to the Benedictine Military School Basketball Coaches Clinic. We are excited about the prospect of sharing with you some of the concepts and drills that have made our program successful. We are hopeful that drills and strategies presented will ultimately help you be more successful as well.



We believe that basketball can be an important part of a young man's learning experience during high school. We are focused on conducting a program that will help young cadets continue their development into successful young men. Winning and working to win are important experiences at this age, but a positive learning experience will not be sacrificed to achieve this goal. We are committed to running a program that attracts and develops quality individuals. Winning, although important, will be a by-product of the process of developing sound character through hard work, persistence and enthusiastic effort.



BENEDICTINE
1902
MILITARY SCHOOL
BASKETBALL

Middle School Clinic

The clinic will be held at the Benedictine Military School Gymnasium on Wednesday, October 3rd at 6:00 in the evening.

The clinic will last about an hour.

Coach Williams will discuss a simple motion offense that will help the players learn the skills of cutting, reading the defense, moving intelligently without the ball, and making wise decisions for the benefit of the team. Coach Williams will also present the basic concepts of an effective man-to-man team defense and discuss drills that will help the players learn how to be most effective on the defensive end of the floor. This clinic is free for all youth coaches.

Benedictine Cadets Middle School Coaches Clinic

Clinic Schedule

5:30 pm Coach's Social and Networking

6:00 pm Offensive Concepts and Drills
Motion Offense and Drills

6:20 pm Defensive Concepts and Drills
Man-to-Man Defense and

Drills

6:40 pm Questions and Answers

If there are any questions contact

Coach Williams at:

Email: robert.williams@bcsav.net

Cell: 847-722-4014

The BC coaching staff believes that the middle school is the key to any successful high school basketball program. Athletes at this level need to learn that nothing great is ever accomplished without enthusiasm. We encourage our players to incorporate this philosophy into their daily lives and the players who learn this lesson when they are younger are many times the most successful. High value needs to be placed on hard work and sacrifice, but we believe it is crucial that players develop a love for the game. We will work diligently to be successful on the basketball court with the understanding that the abilities and characteristics developed during this process will assist our players in being successful in all areas of their life. We are grateful for all of the work put in by the middle school coaches and are thankful for the opportunity to share some skills, drills and philosophies with the coaches in the area who truly make a difference in the lives of our players at Benedictine Military School.